

Altamont Lutheran Interparish School

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Altamont, IL 62411
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**Cast all your anxiety on Him
because He cares for you.
1 Peter 5:7**

**Athletic
Handbook
2010-2011**

Dear Students, Parents, and Coaches:

The Altamont Lutheran Interparish School Athletic Program is a part of the educational mission of the four member congregations. The purpose of our athletic program is to educate our children on how to use their God given talents to glorify the Lord through playing sports.

The responsibility to teach our children in this way is carried out through the combined efforts of the church, school, coaches, and parents. We must all remember what is most important for the growth of each student, his or her Christian education. It is the goal of the school to develop the student spiritually, mentally, socially, emotionally, and physically. For this to happen, all who participate in ALIS athletics whether he or she be a team member or spectator, must focus on using Christian sportsmanship no matter the events of each game.

The school would like to thank all those who support the ALIS athletic program. We ask that you would continue in your dedicated support, which is what makes the entire program successful. It will be through our words and actions on and off the fields and courts that our success will be measured. We must at all times remember that we represent not only ourselves, but also our school, our community, our families, and most of all our Lord and Savior, Jesus Christ.

In HIS Service,

Wes Jones
Athletic Director

MISSION

Through the love of Jesus Christ and the power of the Holy Spirit, we will equip God's children to serve as responsible Christians.

PURPOSE AND PHILOSOPHY

The ALIS Athletic Program is an extension of the Christian education offered at Altamont Lutheran Interparish School. This program is grounded in the overall philosophy of our school which is to equip God's children to serve as responsible Christians here on earth and to prepare them for life eternal in heaven. The purpose of the Athletic Program at ALIS is to:

1. Serve as a witness of the love of our Savior, Jesus Christ, both on and off the field of competition through our words, actions, and attitudes.
2. Promote Christian fellowship and sportsmanship, between those we play with and those we play against.
3. Provide an environment for positive growth and development of the whole child.
4. Provide an avenue through which the student athletes may use their God-given talents to the glory of God.
5. Teach the student athletes the basic fundamentals of the chosen sport.
6. Promote lifelong physical fitness and conditioning.
7. Promote and encourage the lifelong enjoyment of sports and recreational activities.
8. Develop Christian attitudes toward winning and losing- **TO BE GRATEFUL IN VICTORY AND GRACIOUS IN DEFEAT.**
9. Develop Christian leadership in our student athletes.
10. Promote teamwork in our student athletes.

ROLES AND RESPONSIBILITIES

The overall responsibilities of all ALIS program are given to the Board of Directors by the four member congregations. They have in turn given authority and responsibility to the administration and coaches of ALIS to

see that the Athletic Program follows the purpose and guidelines set forth by them. The ALIS Athletic Program is administered by the Athletic Director who is responsible to the Principal and Board of Directors. The guidelines are as follows:

The Student Athlete

1. Will adhere to all general rules established for students participating in ALIS athletics as well as those set forth by the coaches of the given sport.
2. Will attend practices regularly, prepare adequately, put forth a satisfactory effort, and display proper Christian attitudes.
3. Will put forth an effort in their schoolwork in order to remain a vital member of the team. (See eligibility)
4. Will conduct themselves at all times as Christians witnessing to others through good sportsmanship, effort, and attitude.
5. Will be responsible for the uniforms and equipment.
6. Must sign sheet indicating that parent and student have read, understand, and agree to follow the policies and procedures found in the ALIS Athletic Handbook. The student may not participate in extra-curricular sports until the form is signed and returned to school.

The Parents

1. Will support the church and school in its efforts to give the child a Christian education.
2. Will conduct themselves as Christians witnessing to others through good sportsmanship.
3. Will support the efforts of their child and team members through words, actions, and attendance. Any person asked to leave an ALIS athletic event by an official or school authority must refrain from attending future ALIS athletic events through the end of the current school year. A person may appeal this decision in writing. Letters should be sent to both the Principal and Athletic Director. The two will confer and make a recommendation to the Board

of Directors on the final decision.

4. Will use only positive encouragement.
5. Will let the coach be the team director and not try to override the coaches' directions.
6. Will support the coach in both word and action - disagreements are to be voiced to the proper individuals at the appropriate time and place.
7. Will take an active roll in their child's academic progress.
8. Will make a commitment to the program by attending and helping at athletic events.
9. Will make arrangements for their child's transportation to and from games and practices - making sure they arrive and are picked up in a timely manner.
10. Will assist their child in the proper care and cleaning of uniforms and equipment.
11. Will be responsible for the conduct of their non-participating children at athletic events.
12. A parent of each prospective student athlete will be required to attend a meeting with the athletic director, coach and a pastor before the season begins. This meeting is meant to explain the school's expectations of the parents during the season. If a parent is unable to attend the scheduled group meeting, accommodations will be made to ensure all parents have an opportunity to meet this requirement. The student athlete will not be able to participate in extracurricular sports until this meeting has taken place.
13. Must sign sheet indicating that parent and student have read, understand, and agree to follow the policies and procedures found in the ALIS Athletic Handbook. The student may not participate in extra-curricular sports until the form is signed and returned to school.

The Athletic Director

1. Will act in a Christian manner when representing ALIS.
2. Will at all times have the ALIS Athletic Program aimed at development of its goals and purpose.

3. Will provide opportunity for students to use their talents and abilities.
4. Will promote Christian sportsmanship among the participants and spectators by setting a good example and if necessary by speaking with them.
5. Shall schedule all athletic contests.
6. Will make the decision, with the principal, to cancel games due to the weather.
7. Will contact and set up the schedule of volunteers for home games. (time clock, scorekeeper, money taker, refreshments, etc.)
8. Will be responsible for playing areas used for scheduled contests.
9. Will be responsible for pre-game announcements (National Anthem, prayer, introduction of players, welcome, etc.)
10. Will inform the Board of Directors as to the status of the athletic program.
11. Will supervise and meet with the coaching staff.
12. Will determine equipment needs.
13. Will fill out contracts for contests and officials and mail them.
14. Will be responsible for checks for the officials.
15. Will order all equipment.
16. Will coordinate the practice schedules.
17. Will coordinate the awards for the Blue & Gold Banquet.
18. Will order the awards and make necessary arrangements for the Blue & Gold Banquet.
19. Will be responsible for letting students and coaches know when a student is academically ineligible.

20. Will be responsible to the Principal.

The Coaches

1. Will act in a Christian manner when representing ALIS.
2. Will at all times have the ALIS Athletic Program aimed at development of its goals and purpose.
3. Will provide opportunity for students to use their talents and abilities.
4. Will promote Christian sportsmanship among the participants and spectators by setting a good example and if necessary by speaking with them.
5. Will make use of the "Win the Prize" & prayer materials at practices and games.
6. Will conduct a meeting with parents before season begins to explain their program. Invite the ALIS board president, principal, athletic director, and parents.
7. Will have an evident positive self image.
8. Will know first aid.
9. Will demonstrate a Christian attitude and lead prayers before and after games and practices.
10. Will know and teach the fundamentals of the sport.
11. Will be responsible for equipment, uniforms, and keys; must help put equipment away after games and practices, and supervise children who handle equipment.
12. Will be responsible for securing the building (lights, doors, clean-up, etc.).
13. Will be responsible for team and individual discipline.
14. Will allow no non-team children at practices or on the team bench during the game.
15. Will make an attempt to involve all players during a game.
16. Will present an appropriate professional appearance.

17. Will determine if all team members have rides to and from athletic events.
18. Will be on time for practices and games, and insure that all practices begin and end at the time scheduled.
19. Will submit practice schedules to the athletic director by Thursday for the Rocket Review. Will keep involvement to four times per week.
20. Will submit any practice schedule changes to the athletic director for announcement.
21. Will present to the athletic director a list of rules and philosophy for the players a week before distribution to the players.
22. Will follow the guidelines, philosophy, and policies of the Board of Directors.
23. Will be responsible to the athletic director.

ALIS ATHLETIC PROGRAM POLICIES

The following rules are the official policies of the ALIS Athletic Program as set forth by the ALIS Board of Directors.

Scheduling

1. All practices will be canceled on nights in which there are church services at one of the member churches (for example during Advent & Lent). **All practices will be completed by 5:30 P.M. on Wednesdays.**
2. If possible no games should be scheduled on Wednesdays during Advent and Lent.
3. All practices and games will be canceled on early dismissal days due to weather.
4. Keep involvement in a particular sport to no more than four times per week.

Eligibility

5. Students must be in attendance at least 4 of the 8

class periods the day of an athletic contest to participate.

6. Students must maintain at least a "D+" cumulative average in each reported subject to be eligible to participate in athletic contests. Students must receive a "Pass" in pass/fail classes.

7. Student's eligibility will be averaged on a weekly basis for the coming week starting the second week of the quarter. Eligibility will be figured on the last day of attendance each week.

8. Students who become ineligible for more than 3 weeks shall become ineligible for the rest of the quarter.

9. Eligibility is for one week (7 days) beginning on Friday.

10. Students who have become ineligible are **not** permitted to practice with the team.

11. Students must be in good standing with the Code of Conduct (10 points in a week, you will be ineligible for a week from the day of the incident.)

12. Students serving a detention or an in-school or out of school suspension are not eligible to participate in any athletic programs until the day after the detention or suspension is served.

13. No students are allowed to participate in the ALIS Athletic Programs without a current health physical.

Approved Sports

12. The Board of Directors has approved the following sport teams: Girls (6-8) softball, cheerleading, and volleyball; Boys - baseball (6-8) and basketball (5-8); Coop teams with Altamont Grade School (6-8) - Girls' basketball and track; Boys' track; LSA Cross-Country Meet. No other sport team may represent ALIS without first gaining approval from the Board of Directors.

The girls that make the Altamont Grade School basketball team will not be able to play on the A.L.I.S. 5th/6th grade basketball team.

The Blue and Gold Banquet:

13. Will be for all children in the grades 5-8.

14. All awards will be approved by the ALIS Board of Directors.

The following awards are approved:

Scott Klitzing Memorial (MVP baseball)

Fred Seales Memorial (Free Throw)

Woodrow Kull Memorial (Chairman of the Boards)

Elda Berg Memorial Volleyball Serving Award

PTL's Volleyball (MVP), PTL's Softball (MVP), PTL's Basketball Most Improved, and PTL's Volleyball Most Improved

Cheerleading - Most Improved Cheerleader

Cheerleading - Most Valuable Cheerleader

Two David Klitzing Memorials (Most Improved Baseball and Softball)

Two Highest Batting Average - one for Softball, and one for Baseball(Stuemke Family).

Christian Sportsmanship - Given to a 7th or 8th grade student in each ALIS sponsored sport. (Boys basketball, baseball, softball, volleyball, cheerleading) They will be selected by the coach and be given to a 7th or 8th grade athlete. Only one will be given per sport. The Board of Directors will sponsor this award.

Athletic Scholarship - Given to a 7th or 8th grade student who makes a team and has the highest grade point average (at least a 92.5%) in the subjects used for figuring honor roll. Two awards are given - one for a boy and one for a girl. Sports eligible are baseball, softball, boy's basketball, girl's basketball, volleyball, boy's track, girl's track, and cheerleading.

The above awards are all selected by the coaches except "Free Throw" which is based on A-team percentages for free throws made (they must shoot as many free throws as there are games), "Chairman of the Boards" which is given to the A-team member who has the most rebounds for the season, and Athletic Scholarship which is determined by the principal.

The individual awards will be a 4" letter "A" for 5th and 6th grades (given during the first year of this level of competition), a 5" letter "A" given to 7th and 8th grades (given during the first year of this level of competition), and a pin for each individual sport.

Uniform Rental

Participants pay a rental fee to use the uniforms so they can periodically be replaced. Uniform fee for each sport is: \$20.

Coaching Staff policy

Contract Renewal

- Athletic Director schedules a meeting with current coaches, within 60 days of completion of designated season, to determine the intentions for the next season and to discuss the past season.
- Athletic Director makes recommendation to Principal for extending a new contract or making the position an open position to fill.
- If renewing the contract, Athletic Director completes the contract and submits to the Board of Directors for signing.
- If position becomes open, Athletic Director follows the Hiring process outlines in this policy.

Hiring Process

- Athletic Director posts open coaching positions in the Rocket Review/Church Bulletins/ and Altamont newspaper, asking for resumes.
- Athletic Director reviews resumes and schedules interviews with candidates and the Principal.
- Athletic Director recommends best candidate to the Principal for approval.
- Upon approval, Athletic Director completes the contract and submits to the Board of Directors for signing.

The Athletic Director reserves the rights to recommend reasonable discipline for any coach, up to and including contract termination, should circumstances deem it necessary.

Athletic Handbook Grievance Policy

Grievances will be addressed in a fair and Christian manner in an attempt to gain reconciliation, as we are taught from the Bible...

“If your brother sins against you, go out and show him his fault, just between the two of you. If he listens to you, you have won your brother over.” (Matthew 18:15 NIV)

Any person who has a grievance against another must be encouraged to work the problem out with the other person according to Matthew 18:15. Under no circumstances may personal accusations or criticisms be brought up on the floor of a School Board meeting or to a School Board member, unless the Grievance Policy steps are followed. The goal is to obtain a God-pleasing solution.

The Grievance Policy steps to be taken are outlined below.

1. The person with the grievance will discuss in private with the offender the perceived offense. If the parties are reconciled, no further action is necessary.
2. If the first step is unsuccessful, the offended party will ask the athletic director to mediate with the two or more parties present.
3. If the second step is unsuccessful, the principal will then be asked to mediate.
4. If the third step is unsuccessful, the Personnel Committee will then be asked to mediate.
5. If the fourth step is unsuccessful, the situation will be mediated by the Board of Directors, with all parties present. Upon notification by the offended party, The School Board Chairman will plan an Executive Session at the next regularly scheduled School Board meeting. This session will include all parties involved in the grievance. The presence of a pastor may be requested by either party. The School Board is the final authority in all grievances.

**Athletic Handbook
Verification**

My signature below verifies that I have read, understand, and agree to follow the policies and procedures in the ALIS Athletic Handbook. The student athlete may not participate in any extra-curricular sport until this form is signed by a parent/guardian and student and returned to school.

Parent _____

Student _____

Date _____